

# Sunday Lunch

TWO COURSES £21.00  
THREE COURSES £26.50

Two Course minimum

## STARTERS

### Homemade Soup of the Day

with crusty bread (V)(VE)(GFO)

### Chicken Liver Pâté

with onion marmalade and crusty bread (GFO)

### Creamy Garlic Mushrooms

with crusty bread (V)(GFO)

### Classic Prawn Cocktail

with bread and butter (GFO)

### Falafel Bites

with hummus, flatbread and toasted seeds (V)(VE)

## MAINS

### Fish of Day (GFO) (+£4 supplement)

### Rock Burger

beef or southern fried chicken with bacon, cheese, relish & onion rings

### Vegan Burger

Topped with vegan cheese, mayo & skin on fries (V)(VE)

### Homemade Lasagne

with garlic bread & salad garnish

### Scampi

skin on fries, peas & tartar sauce

### Oak Smoked Salmon & Red Pepper Salad

with a chilli and lime dressing

### Chicken Milanese Salad

baby gem, croutons, caesar dressing and parmesan

## - Roasts -

Pork Belly (GFO)

Topside of Beef (GFO)

Breast of Turkey with pigs in blankets (GFO)

Leg of Lamb (GFO)

Vegan Roast of the Week (V)(VE)

All served with roast potatoes, roasted root vegetables, Yorkshire pudding & mixed seasonal greens and gravy.

Add a side: Cauliflower Cheese £4.50 | Extra Roast Potatoes £3.50 | Pigs in blankets £4.50

## DESSERTS

Please ask your server for today's dessert board



The Home of the  
Sunday Roast

R  
& F  
THE ROCK & FOUNTAIN